

Time	Monday	Tuesday	Wednesday	Thursday	Friday
9 am	News and Conversation	News and Conversation	News and Conversation	News and Conversation	News and Conversation
9:30 am	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
10:40 am	Morning Welcome Lovely	Morning Welcome Lovely	Morning Welcome Carmen	Morning Welcome Carmen	Morning Welcome Lovely
11 am	Mentalrobics Carmen	Performance Workshop Sarah Carmen	Trip or Cooking or Project Lovely Carmen Deborah	Word Play Lovely	Music Therapy Kate
12 noon	Lunch ~~~~~ 12:30 PM Learn Spanish Steve	Lunch ~~~~~ 12:30 PM Active Games Paulette	Lunch ~~~~~ 12:30 PM Word Games Steve	Lunch ~~~~~ 12:30 PM Movie Lovely	Community Meal ~~~~~ 12:30 Active Games Lovely Deborah
1 pm	Fun with Facts Lovely	Art Workshop Deborah	At The Movies 1-2 Carmen & 2-3 Lovely	Mentalrobics Carmen	Drum Circle Kate Carmen
2 pm	Music or Special Speakers Bernice	Musical Movement Bernice		Musical Exploration Lovely	TGIF Bernice
3 pm	First Van Departs	First Van Departs	First Van Departs	First Van Departs	First Van Departs

Service Program
for Older People,
Inc (SPOP)

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**Adult
Day
Center**
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**Weekly  
Schedule**  
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**Spring
2009**
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SPOP  
188 West 88  
Street  
(at Amsterdam)  
New York, NY  
10024  
212-787-7120