



## **Spaces are still available for SPOP's 2008-2009 Educational Seminars**

Thursday, February 12, 2009

*Psychiatric Medication & the Psychiatrist: What the Treatment Team Needs to Know* Henry Mallard, MD

Thursday, March 12, 2009

*In Sickness & In Health: Understanding & Supporting the Older Couple*

Maryann Kenney, LCSW • Carola Chase, LCSW • Louise Marcigliano, LCSW

SPOP's Educational Seminars are geared to geriatric care and mental health professionals, and others who work with older adults. Seminars are conducted by SPOP's highly-trained and experienced clinicians. Each session provides an opportunity to learn and discuss with others in the field.

Seminars are held on Thursdays from 9:00 a.m. to 11:00 a.m. at SPOP, 302 West 91 Street. Seminar tickets are \$15. For groups of 3 or more from the same organization tickets are \$10 each. Advanced registration by e-mail, mail or fax is required. Visit [www.spop.org](http://www.spop.org) to print a registration form or register online.

### Free Training for Senior Center/Site Staffs

#### How to Identify Substance Abuse and Mental Health Problems in Older Adults

A grant from the Jarvie Commonwealth Service will enable SPOP to provide **free** training workshops on substance abuse disorders and mental illness in older adults. Designed for staffs of non-profit agencies and organizations that work with older adults, the workshops are conducted by clinicians with expertise in geriatrics, substance abuse and mental health. Workshops are typically two-sessions, but are tailored to meet the needs of the participating organization. They are conducted at the participating organization's site, at a time convenient for staff.

The workshops teach participants how to identify signs and symptoms of substance abuse in older adults; how to identify treatment options; and how to make a referral to a mental health/substance abuse provider. Topics include:

Workshop I: •Harm reduction • Invisibility of the elderly substance abuser • Denial • Starting the conversation with the older adult – discussion/handouts/role-playing.

Workshop II: Prevalence of co-occurring disorders and older adults • Overcoming resistance • Clinical strategies – overlap in newest theories and approaches • Case examples from participants – brainstorming using ideas from techniques presented •Recovery and healthy aging.



Here's what participants say about SPOP's workshops:

*"I just wanted to extend another thank you to you and SPOP for the great training you conducted for our staff. We have already started to apply some of the tools you shared with us."*

*"I wanted to tell you what a great presenter [the trainer] was and how much our staff appreciated her presentations. [The trainer] is so informed, animated, passionate, committed - this all radiates and makes it so interesting to learn from her. We appreciated her willingness and ability to adapt the topics to our interests."*

**Organizations** interested in training workshops for their staff should call Barbara Danish at 212-787-7120 ext. 520 or email her at [bdanish@spop.org](mailto:bdanish@spop.org).